

**SURVEY ON TEACHING STRENGTH AND CLASS
LOAD OF HEALTH AND PHYSICAL EDUCATION
IN OF PURBA MEDINIPUR SCHOOL**



**A THESIS
PRESENTED TO THE VIDYASAGAR UNIVERSITY
IN LIEU OF A THEORY PAPER
FOR THE DEGREE OF
MASTER OF PHYSICAL EDUCATION**

**BY
NAGEN HEMBRAM
ROLL-PG/VUEGS32/PED-IVS NO-21016**

**DEPARMENT OF PHYSICAL EDUCATION
MUGBERIA GANGADHAR MAHAVIDYALAYA
BHUPATINAGAR, PURBA MEDINIPUR
WEST BENGAL, PIN-721425**

AUGUST, 2023

DEPARTMENT OF PHYSICAL EDUCATION

Mugberia Gangadhar Mahavidyalaya

VIDYASAGAR UNIVERSITY

Mugberia- 721425, West Bengal

Adityanarayan Adak,

Assistant professor

Ref NO-.....

CERTIFICATE BY THE SUPERVISOR

This Is To Certify That **Mr Nagen Hembram** Is A Regular Student Of Mugberia Gangadhar Mahavidyalaya Under Vidyasagar University In The Session Of 2021-2023 He Is A Student Of Master Of Physical Education Semester- Iv Carried Out Her Under Study Under My Supervision And Guidance In Partial Fulfilment Of The Requirements For The Master Of Physical Education_Degree With His Thesis Entitled **SURVEY ON TEACHING STRENGTH AND CLASS LOAD OF HEALTH AND PHYSICAL EDUCATION IN PURBAMEDINI PUR** ' The Material And Data Composed Form Students In This Study Are Genuine And Were Collected By His.

Date 05/08/2022

Place- Bhupatinagar



Adityanarayan Adak

(Adityanarayan Adak)

Assistant professor

DEPARTMENT OF PHYSICAL EDUCATION

Mugberia Gangadhar Mahavidyalaya

VIDYASAGAR UNIVERSITY

Mugberia- 721425, West Bengal

NAGAN HEMBREM

M.P.Ed SCHOLAR

DECLARATION

I Declared That The Thesis Entitled "SURVEY ON TEACHING STRENGTH AND CLASS LOAD OF HEALTH AND PHYSICAL EDUCATION IN PURBA MEDINIPUR" Is My Own Work Conducted Under The Supervision Of Professor Dr Aditya Narayan Adak Department Of Physical Education Mugberia Gangadhar Mahavidyalaya Which Was Approved By The Research Committee I Have Specified By Means Of Reference The Information From Where The Work Then.

Date ..05/08/23.....

Place: Bhupatinagar

Nagen Hembram

Nagen Hembram

(M.P.ED Scholar)

VITA

Name of the scholar : Nagen Hembram
Father name : Binod Hembram
Place of birth : Sonarimara
Date of birth : 4th April 1994
Address : Vill- sonarimara, p.o- saria, p.s- gopiballav pur,
Diste- jhargram, pin-721506
Email address : 2021nagen@gmail.com
Nationality : Indian

SCHOOL, COLLEGE AND UNIVERSITY ATTENDED

School – Saria Tribal High School

College – Vivekananda satavarshiki Mahavidyalaya (Under V. U)

Seva Bharati mahavidyalaya (V. U)

Mugberia Gangadha Mahavidyalaya (V.U)

ACKNOWLEDGEMENT

The research scholar wishes to convey his sincere thanks and gratitude to the principal Dr Swapan Kumar Mishra Mugberia Gangadhar Mahavidyalaya purba medinipur for providing an opportunity to the scholar to work on this study and extend full facilities to him for the successful completion of study.

It is more than a duty of the research scholar to express his deep sense of gratitude to Dr Debasish Ray Head of the department of physical Education Mugberia Gangadhar Mahavidyalaya for his valuable guidance.

No words are adequate to express the sentiments of everlasting gratitude and respect to my guide Aditya Narayan Adak, Ph.D. Assistant professor Department of physical Education, Mugberia Gangadhar Mahavidyalaya for his valuable and dedicated guidance constant inspiration and scholastic attitude which he gave throughout in writing of this thesis.

The investigator wishes to express her heartiest thanks to all associate professors and assistant professor and special thanks to all students of mugberia gangadhar Mahavidyalaya and different departmental for their help and support for successful completion of the study.

My grateful thanks are also due to the staffs and members of laboratory of library of Mugberia Gangadhar Mahavidyalaya for the timely help and co-operation in the completion of this study.

The researcher expresses her obeisance to her parent without the guidance and inspiration of whom the researcher could never be able to reach to her present position finally, the researcher expresses his deep indebtedness to her friends for taking the pains while providing continuous inspiration and encouragement throughout the course of study

Last but not least, I express my sincere thanks to all those directly or indirectly helped me to complete this research work.

Date05/08/2023.....

NAGEN HEMBRAM

(M.P.ED Scholar)

TABLE OF CONTENTS

CHAPTER NO	CONTENT	PAGE NO.
	Certificate	
	Declaration	
	Vita	
	Acknowledgment	
	Contents	
	List of tables	
	List of figures	
	List of Abbreviation	
CHAPTER-I	INTRODUCTION	1-5
1.1	General introduction	1-2
1.2	History of health and physical education in Primary school	2-4
1.3	Statement of the problem	4
1.4	Objectives of the study	4
1.5	Delimitation of the study	4
1.6	Limitation of the study	4
1.7	Hypotheses	5
1.8	definition the terms and explanation of the concept	5
	1.8.1 Teaching	5
	1.8.2 Class load	5
	1.8.3 Health	5
	1.8.4 Physical education	5
1.9	Significance of the study	5
CHAPTER- II	REVIEW OF RELATED LITERATURE	6-16
CHAPTER-III	METHODOLOG	17-18
3.1	Selection of School	17
3.2	Survey on teaching strength	17
3.3	For the purpose of the study researcher	17
3.4	Deign of the survey detail	17

CHAPTER NO	CONTENT	PAGE NO.
3.5	Experimentation procedure of data collection	17
3.6	Class load structure	17
3.7	Reliability of the data	17-18
3.8	Data collection of procedure	18
CHAPTER-IV RESULTS AND DISCUSSION		19-21
4.1	The data	19-20
4.1.1	Table-1. Class (i to iv) and total number of student form individual thirty (30) school.	19
4.1.2	Table-2 from table -2 researcher was identified	20
4.2	Analysis of data	21
4.3	Discussion of findings	21
4.4	Discussion of hypotheses	21
CHAPTER – V SUMMARY, CONCLUSION & RECOMMENDATIONS		22-23
5.1	Summary	22-23
5.2	Conclusion	23
5.3	Recommendations	23
BIBLIOGRAPHY		24-25
APPENDIX		26-31
Appendix-I :- Certificate		26-28
Appendix-II :- Survey Question		29
Appendix-III:- Routine & Book		30
Appendix-IV :- Picture		31

LIST OF TABLES

TABLE NO.	CONTENT	PAGE NO.
Table-1.	Class (i to iv) and total number of student form individual thirty (30) school.	19
Table-2	From table -2 researcher was identified	20

LIST OF FIGURES

FIGURE NO.	CONTENT	PAGE NO.
Figure 1,2,3,4	Survey of Primary School	18

LIST OF ABBREVIATION

SL.NO	: Serial Numbers
Phy.edu	: Physical Education
Sd	: Standard deviation
Fig.	: Figure

CHAPTER V

ANALYSIS OF THE DATA AND RESULT OF THE STUDY

In this chapter the summary of all the previous chapter has been presented. In addition to the conclusions drawn from the results obtained and the recommendation for the future study and research have also been included in this chapter.

5.1 SUMMARY

The purpose of the study was to do a survey about the teaching strength and class load of health and physical education in purba Medinipur school of west Bengal. The study was delimited to the randomly selected school. (Government) From one district Purba Medinipur total (30) Thirty Primary school wear selected for the survey.

The hypotheses that health and physical education teachers in primary school of Purba Medinipur district not sufficient is highly accepted.

The hypotheses that present status health and physical education class are not sufficient in primary school of Purba Medinipur District is accepted and researcher was this accepted this hypothesis by defence a principal of physical education sports psychology, child psychology etc.

on shows that the total number of teachers from individual thirty (30) government aided primary school of purba Medinipur district that was minimum two teachers and maximum iv teachers.

Number of total classes of individual thirty (30) primary school, which was some no for each and every school. That is 34 each and every school individually have four physical education classes from 34 total classes per week. According to new amendment of west Bengal, west Bengal board of primary education in every government aided primary school of west Bengal continue their school education curriculum with the subject of health and physical education with proper guide lines. But according to table -1 researcher was identified that essential health and physical education subject for children continue without any trained physical education teacher.

Table-1 also indicate that student number of individual class from class one to class four and total number of school student of individual 30 government aided primary school from this primary data researcher was verified the number of school student from individual primary school vary to much significantly where minimum number of school student is 25 and maximum number individual school students is 202.

5.2 CONCLUSION

- 1 Only 4 health and physical education class per week allotted for each standard class one to class four which is not sufficient for primary school children according to physical education and child psychology parameter.
2. In every government aided primary school of purba Medinipur district have a particular health and physical education syllabus as well as book also which produce is government of west Bengal.
3. physical education teacher have not presented any government aided primary school of purba Medinipur district. for health and physical education subject in primary school applied as Sholder without weaned in bottom field

5.3 RECOMMENDATION

1. Similar study may be conducted to the upper primary ix to xii classes and also to the college and university level.
2. Similar study may be conducted with others parameter of health and physical education subject.
3. A Study of similar nature may be conducted through psychological or sociological parameter which with health and physical education related.